



Alv-Jørgen Arvesen and Siv Undseth Arvesen.



Moving people in a new direction

Invito Inspire AS is a training and resource centre for employees based in Oslo, Norway. Established in 1997 by the Norwegian Federation of Organizations of Disabled People as the only school in Norway to work with vocational rehabilitation, it later evolved to become what it is today: a great place to be, a great place to learn – on the way to a new job.

By Ingrid Opstad | Photos: Invito Inspire AS

“Our core competence is to move people in a new direction. We work hard to help our people return to work, whether they are between jobs or have other challenges associated with employment,” says Siv Undseth Arvesen. She started working as an instructor at Invito in 2012 before taking over as CEO in 2013. “My background in leadership development, coaching as well as working with behavioural and psychological processes in relation to leadership development, personal development, conversion, executive change and organisational development, has helped me gain a strong knowledge to help people further in their career,” she explains.

Undseth Arvesen acquired the company with her husband and current chairman Alv-Jørgen Arvesen in 2014. Combining

her behavioural and coaching expertise with his knowledge within consulting, advising and engineering from the oil industry made them attractive players in the market.

“We cooperate with, among others, the well-established consulting company Bedre Ledelse (Better Leadership) in order to help each other with assignments, competencies and to cover the value chain within our field across all levels. Both share offices in an old patrician villa at the Lysakerfjord, well suited for such activities. Simultaneously, Invito is in the process of establishing a division in Stavanger,” says Undseth Arvesen. Together, they present strong and adequate competence in relation to the public sector, but also management and organisational development ranging

from top executive-level coaching to mental health issues.

Invito pride themselves on working with a comprehensive overall concept for management and employee development, while also focusing on cultural understanding within a team where, for instance, Norwegian culture meets foreign culture. “We often learn that the goals are similar, but the process depends on culture. The same applies for how to relate to management and bosses,” says Undseth Arvesen.

You can find a range of services and courses, both standard and tailored to your company’s special needs, in their repertoire. “We are grateful for the skilled and creative people who work with us – a good team that overlaps and helps each other. No job too small, no job too big,” Undseth Arvesen concludes.

For more information, please visit:
www.invito.no